

## Ballantrae lesson #8 – Curing your slice



If you are a chronic slicer, you are in a huge fraternity! The majority of golfers fight with a slicing tendency every time they play. In this article we will explore why this happens in the first place and how to take steps to get rid of the slice once and for all.

The number one reason why the vast majority of amateur golfers slice is a poor grip, especially in the left hand (right-handers)! Typically we see one or more of the following tendencies when studying a student's left hand grip: the handle of the club held too high in the palm, the left hand turned too far to the player's left resulting in a V relationship of the thumb and forefinger of that hand that points to the left shoulder rather than the right, and excessive grip pressure especially in the thumb and forefinger ("tight goes right"). Please review our lesson #2 on the proper grip to see if yours is correct or needing attention.



The second reason so many people slice is poor aim (see our lesson #3 on aiming). Many right-handers will aim to the right of the target (and just the opposite for lefties). Because they are aiming too far right, they have to swing left when swinging through in order to come anywhere near their intended target. So now you have a swing path that is left of target due to poor aiming and an open club face at impact (because of a bad grip) both of which combine to create the dreaded slice.



There are other contributing factors which can make a slice worse or better, but if you will concentrate on these two changes, a better grip and good aiming your slice will diminish over time and eventually disappear.